

About MSSI:

We are an international community of medical students raising awareness about the **harms of weight discrimination** in the healthcare system.

We believe all people, **regardless of their weight, body shape, and size**, deserve equitable medical treatment and the right to pursue health.

Weight & BMI
≠
health.

WHAT WE DO:



CURRICULUM REFORM

...to ensure all medical students and providers learn the importance of recognizing and addressing systemic biases against larger bodied patients.



ADVOCACY

...to make healthcare more equitable for all patients living in larger bodies.



RESEARCH

...to examine the presence of weight discrimination in our healthcare system today, and explore how education on size-inclusive healthcare can lead to improved patient outcomes.



MED SCHOOL CHAPTERS

...to empower individual students at schools across the country, to advocate for change among their peers and faculty.

OUR PROPOSITIONS FOR CHANGE

- Not making assumptions about a patient's health, diet, or exercise habits based solely on their body weight/shape/BMI
- Asking patients permission before discussing weight, diet, and exercise.
- Prescribing health-promoting behaviors, rather than weight loss, working in tandem with the patient to set goals that are realistic and achievable
- Continually assessing personal weight biases and learning from patients

INTERESTED IN JOINING US? FIND US AT:

 sizeinclusivemedicine@gmail.com



@sizeinclusivemedicine

